

Helpful Websites:

www.bodvecologydiet.com (good information on Candida and Fermented foods)

www.waterworks4u.com (Rejuvenator Oasis Water Ionizer)

www.abebooks.com (New and Used books reasonably priced)

www.oreganopro.com. www.taooferbs.com Dr. Cass Ingram's book, the Cure is In the Kitchen and wild Oregano extract and oil

www.fredlvn.com (Raw, Roasted and Unsalted Nut Varieties)

www.wildernessfamilynaturals.com (High quality Coconut Oil & much more)

www.runningquailranch.com (Organic Raisins)

www.freshcoffee.net (Organic Coffee)

www.c-els.com (Celestial Seasonings and Yogi Tea Herbal Teas)

www.bobsredmill.com (Gluten Free Products)

www.stickyfingersbakery.com (Wheat free & other high quality Baked goods.)

<http://www.momentum98.com/> (Reflexology Charts & much more)

Slippery Elm Powder www.iherb.com

<http://www.smileherb.com/> (Bulk Herbs, vitamins and much more)

Smile Herb • 4908 Berwyn Road • College Park • Maryland 20740

TEL: 301-474-8791

<http://www.the-apothecary.com/> (Discounted Vitamins, Supplements and much more)

Air Therapy Fountain Spa Mister

www.amazon.com or www.pearlessence.com

www.Voungliving.us (high quality essential oils)

www.refreshinglyfree.com (All Cotton Feminine Hygiene products).

www.healthstep.com (Stool for use in front of toilet to assist Evacuation)

www.harvestessentials.com (K-Tec High Speed Blender)

www.westonaprice.org (Information on eating more traditional foodstuff)

www.i-act.org (International Association of Colon Hydrotherapists) to locate colon hygienist in other cities and countries

www.RawVeganBks.com Food Combining Books; Vegetable Juice Books (Norman W. Walker)

Blenders: www.oster.com the originator of blenders from \$34.99 to \$99.99

Champion Juicers: www.tendecades.com \$199.99, www.ultimate-weight-products.com \$199,99 plus free gift!

Sitz Baths: www.shopilla.com (search Sitz Bath): www.amoils.com (search Hemorrhoids)

Fluorescent Lights (full spectrum), www.buylightfixtures.com

Food Combining: www.leedubelle.com

Electromagnetic Frequency Towers and Antennas: www.antennasearch.com